

GRAND COVE NEIGHBORHOOD NEWSLETTER

February
2012

Series 2
Issue # 2



Grand Cove Nursing & Rehab Center, 1525 W. McNeese St. Lake Charles LA. 70605 474-6000 Fax 478-7522

From the Desk of the Administrator

Celebrating February

Administrator
Cory Gatte

Director of Nursing
Debbie Perry

ADON
Shi Garrett

Administrative Assistant
Mary Duhon

Accounts Manager
Brandy Brungardt

Admissions Coordinator
Tara Rhodes

Social Services Director
Judy Guidry

MNCM
Shelly Martin

Asst. MNCM
Darlene Humphreys

RSD
Monique Babin-Elam

Assessment Nurse
Wendy Guidry

RAD
Ruby Ingram

ARAD
Susan Arrington

Dietary Manager
Pat Hicks

Housekeeping/Laundry Supervisor
Margaret Taylor

Medical Records
Brandy Prince

Maintenance Supervisor
Mack Marion

Dear Families and Friends,

At Grand Cove our goal is to maintain our residents' safety. Our administrative staff makes room rounds to check for any types of hazards or potential hazards in resident's rooms. We would like to remind you, as families, that items brought from home can be potentially dangerous. Such items include but are not limited to aerosols, cleaning agents, chemicals of any nature, over the counter medications or anything labeled "medicated". Should a resident have need of an over the counter medication or medicated cream, please see their nurse so it can be ordered and kept in the nurse's cart not the room.

Please know that if you have any question, or you may be unsure about an item before bringing it in, just ask one of our nurse's, department heads, or I and we will be happy to assist you. Although some residents may be able to handle some of the above mentioned items safely, it is for the overall safety of all of our residents that we make these requests.

We would like to thank you for your help with this matter and your continued commitment to the safety of our residents. Please remember my door is always open if you ever need me.

Sincerely,

Cory Gatte, NFA
Administrator

J-E-L-L-O

There is no other dessert as wiggly and as giggly as Jell-O. In fact, there is nothing quite like this gelatinous children's treat, so why shouldn't it have it's own weeklong celebration? February 12-18 is Jell-O Week.

During the 1800s in England, gelatin desserts were popular among the rich and famous. Party hosts would present fantastic jelly moulds of different shapes and sizes to their guests. But these fabulous jellies were expensive and hard to make. It wasn't until 1845 that Peter Cooper, the inventor of the first steam-powered locomotive, invented powdered gelatin. Cooper, though, never thought much of his idea and sold the product to a cough syrup maker named Pearl B. Wait. It was Pearl Wait who christened this new product Jell-O.

Jell-O may be the first real advertising success story. Consumers were, at first, suspicious of this strange, colorful, and wiggly food. In 1904, thousands of salesmen were sent door-to-door to give away free Jell-O cookbooks, a very innovative practice at the time. Popularity surged and by 1906, sales topped \$1 million dollars. Jell-O had truly become "America's Most Famous Dessert."

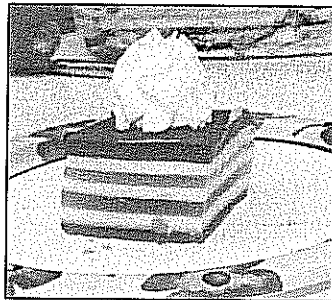
Can't wait to try a variety of Jell-O flavors? Enjoy this recipe for **8-Layer Jell-O**:

First Layer:

- 1 package cherry Jell-O
- 1 cup boiling water
- 1/2 cup cold water

Second Layer:

- 1 package cherry Jell-O
- 1 cup boiling water
- 3/4 cup evaporated milk



Repeat steps with lemon, lime, and orange Jell-O. Be sure to let each layer set until firm in a 9 X 13-inch pan before adding the next layer.

Residents of the Month

Queen Shyrol Dubose
King Donald Dubose



Mr. & Mrs. Dubose have lived at Grand Cove for one year. They really like it here. Mr. Don was born and raised in Sulphur La. Mrs. Dubose was born in Roswell New Mexico. Mr. & Mrs. Dubose have been married for 31 years. They have six children between them. They enjoy participating in activities here. They also enjoy keeping up with the dog shows on TV, and watching movies. Mr. Dubose enjoys watching the bull riding competitions on TV, but enjoyed attending the competitions in the past. They were very active in the past; he enjoyed playing pool, fishing, hunting and visiting the flea markets. She enjoyed cooking, reading, collecting recipes and other things. They both enjoy traveling and meeting new people. They both share an interest in gerontology, and history. Mr. and Mrs. Dubose will attend the Mardi Gras ball at the civic center on Feb. 13th. They are very excited to be crowned King and queen and are looking forward to representing Grand cove at the Mardi Gras ball on Feb. 13th. Let's here it for our King and Queen!

Employee of the Month
Christina Porter



Christina has worked for Grand Cove as a C.N.A. for 1 year and a half. She is originally from Dry Creek, La. She has lived in the lake Charles area for 8 yrs. Christina is married and has 3 children. Christina enjoys spending time with her family, watching movies and taking her children to the park. Christina is a very outgoing lady, she is always smiling and happy when you meet her. Christina really loves her residents and she takes pride in her work. We are very happy that Christina is a part of our team. Thank you for all you do. Keep up the Good work Christina. Your Grand Cove Family.

Dates to Celebrate

Pride in food Service Week
Feb. 6-10th

Bird Feeding Month

Black History Month

Mardi Gras
Feb. 20-21

Presidents Day
Feb. 12th

Westminster Dog Show
Feb. 13-14th

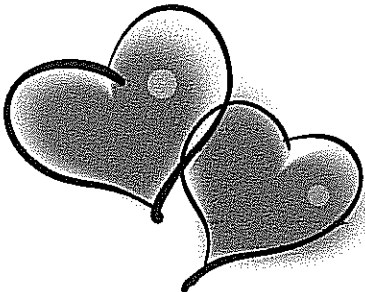
Valentines Day
Feb. 14th

Leap Year Day
Feb. 29th

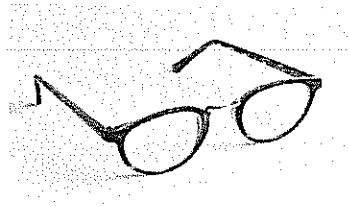
Low Vision awareness Month

American Heart Month

American History Month



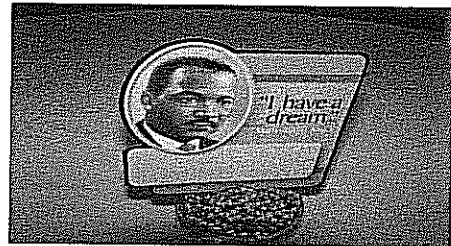
Attention Family Members



We have multiple pairs of prescription eye glasses in the activity office. If your loved one has lost a pair of eye glasses please feel free to come by and take a look. When a resident has lost their glasses or dentures or any other articles please let the nursing staff know right a way.

Thank You.
Ruby Ingram RAD.

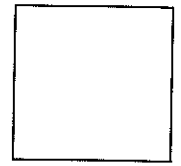
Celebrating the Dream



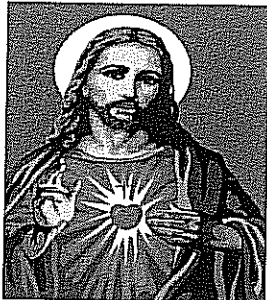
Residents celebrated Dr. King's birthday with music and singing. They listened to his speech "I have a Dream". They really enjoyed hearing the speech; it brought back many emotions for them. Some of them expressed how the world has changed since 1963, some for the better and some things still need improving. Dr. King is known as the king of the civil rights movement which was from 1954-1963.

"Our lives begin to end the day we become silent about things that matter."

Grand Cove Nursing & Rehab
1525 W. McNeese St.
Lake Charles La.
70605



For the residents that are no longer with us, you will be greatly missed. To those residents who are in the hospital we wish you a speedy recovery.



February Birthdays

If you were born between February 1 and 18, you are an Aquarius. Water Bearers have attractive personalities, and are very imaginative and intuitive. Aquarians have a strong desire to help humanity, create unity, and thirst for knowledge and truth. People born between February 19 and 29 are Pisces. These Fish have boundless imaginations and often become gifted artists. Their great capacity for love and depth of feeling make them sensitive and caring souls.

Jermain Thomas	2/2/12
Joycelyn Cole	2/8/12
Ursula Larrabee	2/8/12
Irma Jacobs	2/9/12
Bernita King	2/9/12
Linda Holmes	2/12/12
Jannifer Pouchie	2/12/12
Latasha Stepney	2/12/12
Joseph Williams	2/22/12
Patti Martin	2/29/12